

# ABC'S OF FALL PROTECTION

**A**

Anchorage  
Connector  
& Anchor  
Points

**B**

Body Wear

**C**

Connecting  
Devices



## FALL PROTECTION REMINDERS



**1**

### Inspect Equipment

- Check gear before use and have it inspected annually by a competent person.

**2**

### Rescue Plan

- Have a rescue plan in place and ensure workers understand their roles.

**3**

### Wear Fall Protection

- Use fall protection whenever there's a risk of falling from heights.

**4**

### Equipment Care

- Store and maintain gear properly to keep it safe and ready to use.

**5**

### Harness Marking

- Ensure harnesses are labeled with an activation date.

**6**

### Follow the Rules

- Follow company policies and OHS regulations for fall protection.

Completed your Fall Protection Training?  
MSA can visit a Members site for a Fall  
Protection Evaluation.  
Scan the QR code to book today!



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