

SAFE WORK PRACTICES WORKING ALONE

**This information does not take precedence over OH&S. All employees should be familiar with the Saskatchewan Employment Act and the OH&S Regulations.*

General: The following safety procedures must be followed where a worker is required to work alone at a work site, or where assistance is not readily available in the event of injury, ill health or emergency.

1. Before starting work at an isolated site, a hazard assessment must be performed and the risks identified. Safety precautions must then be taken to eliminate or reduce those risks prior to starting work.
2. In all cases, a worker working alone must have an effective means of communication, such as a two-way radio, phone, cellular phone, etc. Where necessary, a call-in schedule may be pre-arranged and the worker will be required to check in with the supervisor (or another person) at specific times.
3. The required PPE must be used at all times.
4. Safe work practices and job procedures must be observed at all times.
5. A worker may be required to take other precautions, such as:
 - limiting or prohibiting certain specific activities,
 - requiring the worker to have specific minimum training or experience related to the work, and/or
 - ensuring there are emergency supplies for use when travelling under extreme weather conditions.